Dise	cussion Title: Light and Darkness	Category: Religion
	Opening: Start the study with light on. Turn out lights (curtain drawn), and ask someone to read Turn on the light and start the study	Pick 1 individual to share. 5 minutes total.
Les	son:	
ġ	 Discuss how the people feel about being in darkness. Can't see Easily run into things, not confident going in any direction Can hurt oneself Magnifies all our fears 	Pick 1-2 individuals to answer each question (Q). Keep track of time during the discussion. Keep the discussion focused and on point. Avoid going off on a tangent topic.
Q.	 Discuss how people feel about being in the light. Everything is in sight Can see obstacles Can move ahead without fear of being hurt Read 1 Peter 2:9-10. God compares being a Christian to being in the light and out of the 	Additional notes:
Q.	 What do people do when they have the light? Declare the praises of God, become people of God, receive , 	
Q.	 Read 1 John 1:5-10. How do we know if we are walking in the darkness or light? If we claim we don't sin, we're in the darkness If we live in unrepentant sin, we're in the darkness If we confess our sin(s) and repent for them, we're in the light If we have the fellowship with the Son, we're in the light. 	nt
Q.	 Read 2 Timothy 3:1-5 We can have a form of godliness (be religious), but not be in the lig Discuss each sin and how they keep us in darkness and fear. 	ht.
Q.	 Read Titus 2:11-14 What is the attitude of someone walking in the light? Teach us to say no to ungodliness and worldly passion Live self-controlled, upright and godly lives Eager to do what is godly 	
	Are we living in the light or darkness? Are we willing to do whateve the darkness and into the light?	er it takes to get out of