Discussion Title: Handle with Care Category: Parenting		enting
	Opening Question(s):	Pick 2-3 individuals
1)	What is your fondest memory of your child (pick any one)?	to share. 5 minutes
2)	Do you remember the first time your son/daughter disobeyed or made you angry?	total.
Lesson:		
	Ephesians 6:1-4	Pick 1-2 individuals
Q.	What is the difference between obey and honor?	to answer each
	To obey means to do as one is told	question (Q).
	To honor means to respect and love	
	Both children and parents have a responsibility to each other	Keep track of time
	- Children need to honor and obey their parents even if their parents are de	manding during the
	and unfair	discussion. Keep the
	<ul> <li>Parents should care gently for their children even if the children are disobe</li> </ul>	dient discussion focused
	and unpleasant	and on point. Avoid
Q.	When is it most difficult to "care gently" for your child?	going off on a
		tangent topic.
	Vs 4: "Fathers (and Mothers), do not exasperate your children; instead, bring them	up in Additional notes:
	the training and instruction of the Lord."	Additional notes.
Q.	What does it mean to 'exasperate'?	
	- To annoy, frustrate or anger	
	The purpose of discipline is to help children grow, not to exasperate or provoke the	m to
	anger or discouragement.	
	Colossians 3:21 "Fathers (and Mothers) do not embitter your children, or they will be a supposed "	pecome
Q.	discouraged."	
Q.	How are some ways that we exasperate or discourage our kids?	
	Parenting is not easy. It takes a lot of patience to raise children in a loving Christ-ho	noring
	manner. Children need guidance and discipline – the key is to administer it in love.	_
	must be handled with care.	
Q.	What can help us to raise our kids the way God intended?	
	- Prayer is of our first and main resource.	
	<ul> <li>Look into scripture on helping us grow in our character so we can be an exa</li> </ul>	mple
	(patience, humility, obedience to God/scripture, love, gentleness, self denia	al)
	- Get advice and seek input from others. Ask (requires humility) for help.	
	2 Timothy 3:16-17 - "we are fully equipped"	
	1 Corinthians 10:13 - "God is faithful"	
	Philippians 4:13 - "do all things through Him who gives me strength"	